



VIEWFINDER

Take a piece of paperboard (a cereal box will do fine), and cut a hole into it about 6 cm in diameter. Through this fancy viewfinder, start spotting either small details (on tree trunks, flowers, gravel, etc.) or large outlines (the skyline, a forest, a playground). The world looks a whole lot different when you change your point of view!



Concentration, attentiveness

Hoksausboksi

