

SOCKBALL



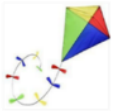
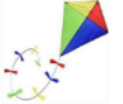
Gather some socks into a ball. You can use stuffed toys or a pair of chairs as goal posts. Now start kicking the sockball around for a soccer match! Can you score a goal?



You can also put tape around a tightly rolled up newspaper for a makeshift stick. Now it's floorball time!



The sockball is safe to practice throwing and catching with. Start tossing the ball to each other. How many times can you catch it before it touches the floor? For an accuracy challenge, try to hit sofa cushions or buckets for points. Who is the grand champion?



Cardio,
hand-eye coordination



Hoksausboksi

