

PLUSHIE GYMNASTICS



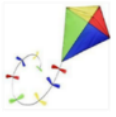
Pick a stuffed toy for each. Try carrying the toy:



- ✓ between the knees
- ✓ under the arm
- ✓ on top of the head
- ✓ under the chin
- ✓ on the shoulder
- ✓ on the toes
- ✓ behind the knee
- ✓ in the crook of the arm
- ✓ between each other's bellies
- ✓ between each other's foreheads
- ✓ Can you think of other ideas?



- ✓ Does the stuffed toy stay on your back while you're crawling on your hands and knees? How about on your belly while you're crab walking?
- ✓ Lift your feet towards the ceiling while lying on your back. Place the stuffed toy on your soles. Can you make it stay there? Throw the toy into the air with your feet.
- ✓ The child lies on their back, knees bent, soles on the floor. The child lifts up their butt, and the adult tries to get the toy through under the child's back. Can the toy make it to the other side before the "bridge" collapses? Trade places.



Body perception and control



Hoksausboksi

