



MEMORY PUZZLE GYMNASTICS

- ✓ Make a gymnastics course at home, including, for example, jumping on one leg, somersault, and crawling under a chair.
- ✓ Place half of the memory puzzle pieces on one end of the gymnastics course, facing down, and their counterparts on the other end, facing up.
- ✓ At the start of the course, the child chooses one puzzle piece counterpart to retrieve from the other end of the course. The child tries to remember which piece they chose in the beginning without carrying the piece to the other end with them.
- ✓ The child completes the gymnastics course, brings back a puzzle piece, and places it on top of its counterpart to form a pair.



Short-term memory,
basic motor skills

Hoksausboksi

